

BTEC Applied Psychology Summer Work Booklet



PETERBOROUGH KEYS
ACADEMIES TRUST

BTEC level Three National Extended Certificate in Applied Psychology Summer Transition
Work

Your BTEC Psychology course will be divided into four units. The topics are below:

Unit 1	Unit 2	Unit 3	Unit 4
<p>Psychological approaches and applications.</p> <p>Here you will learn about the following approaches:</p> <ol style="list-style-type: none">1. Social2. Cognitive3. Learning4. Biological <p>You will then apply these approaches to the following areas:</p> <ol style="list-style-type: none">1. Aggression2. Consumer/employee behaviour3. Gender identity	<p>Conducting psychological research.</p> <p>This will be your chance to carry out your own psychological investigation.</p>	<p>Health psychology.</p> <p>Here you will research into:</p> <ol style="list-style-type: none">1. Lifestyle choice and health related behaviour2. Stress and addiction3. Promotion of positive behaviour change	<p>Psychopathology</p> <p>Here you will research into types, causes and treatments of mental disorders. These include:</p> <p>Schizophrenia, addiction, depression, eating disorders and phobias</p>
<p>This is assessed in Year 12 and is assessed externally. Your exam will be in January 2022.</p>	<p>This is assessed in Year 12 and is assessed internally. Your coursework will be assessed in April/May 2022.</p>	<p>This is assessed in Year 13 and is assessed externally. Your exam will be in January 2023.</p>	<p>This is assessed in Year 13 and is assessed internally. Your coursework will be assessed in April/May 2023.</p>

Within Psychology we will look at a number of key studies. It will be useful to you if you have already gained some knowledge on some of these studies

Complete the tasks below:

Task 1: Below are two key studies within the Social Influence section of the course.

Social Influence:

Solomon Asch's conformity experiment

Asch's experiment:

<https://www.youtube.com/watch?v=TYlh4MkcfJA> – a video of the experiment

<https://www.tutor2u.net/psychology/reference/conformity-asch-1951> - notes on the experiment

Make some brief notes as to what this experiment is about – think aims, procedures, results and conclusions.

Social Influence:

<https://simplypsychology.org/milgram.html> - Read the information on Milgram's key study on obedience and watch the clip.

Make some brief notes as to what this experiment is about – think aims, procedures, results and conclusions.

Task 2:

Psychopathology: we look at definitions of abnormality and this documentary is a way of looking at the impact of mental ill health in real life.

https://www.youtube.com/watch?v=_yT_F0dMZRU (Part 1)

<https://www.youtube.com/watch?v=B3rHTm1YLxA> (part 2) – Stephen Fry - The Secret Life Of The Manic Depressive. BBC

Watch the documentary and make notes on the key symptoms that someone with manic depression (bipolar disorder) would experience. Explain why the behaviours would be considered to be abnormal.

Task 3:

Harlow studied a famous case study of Phineas Gage. Watch this summary below and make notes on why this is important to Psychology.

<https://www.youtube.com/watch?v=oOkISlxST38>

Task 3:

Research methods is a big part of your course. We will carry out lots of psychological tests throughout the course. Some examples of tests such as Bems sex inventory test or the Rorschach test can be found on the following website. Log on and have a go at them. Remember the results you get are not necessarily true and do not define your personality at all. There are problems with all these tests – we will discuss these in our lessons but note down your ideas now ready to discuss them. Be critical.

<https://www.idrlabs.com/tests.php>

Task 4:

Unit two will require you to carry out your own psychological investigation. There are lots of things you could do here and now is a good time to start practicing carrying out research. Have a go at researching into these two hypothesis:

1. Television adverts show traditional gender stereotyping
2. Memory ability decreases as noise increases.

For each of the above hypothesis:

1. Decide on how you will research this
2. Carry out your research – please remember to keep social distancing, use your household members or remote contacts for your sample.
3. Write up your results – what did you find? Are the hypothesis valid?

Hints and tips:

Hypothesis 1	Hypothesis 2
Decide on what categories you are going to look for in your TV adverts regarding gender stereotyping eg women selling household products Decide on when you are going to watch TV ads –record them? As they appear? How many? Different times of the day? How will you record your data? Content analysis (a tally chart)?	Decide on how you will test the memory – list of items? Words? You will need two conditions – one with noise and one without noise – what will your noise be? How will you record your data? Is there a time limit to recall the memory test?

Wider reading:

There are many sources that you can use but below are some of the key websites that will prove helpful to you throughout your BTEC. Take some time and find your way around these sites in time for your September start.

- www.simplypsychology.org – nice and summarised notes on all topics covered
- www.ted.com – excellent for wider reading to stretch your knowledge
- www.youtube.com – you will find lots of good clips on key studies, key concepts and exam questions here. Just search.
- www.tutor2Up psychology – an absolute must – create your free student account now.

Above all make sure that you log onto FIREFLY and have a look around the Psychology section. We will be using this for every lesson as from September, so get ahead of yourself now.

Finally:

There are lots of things for you to watch that are all related to your course. Below is a list of some of these areas:

The Stanford Prison Experiment – on Netflix. This is one of your key studies in Year 1 and well worth a look.

Memento – cognitive

Fifty first dates – cognitive

12 angry men – social influence

Atypical – nextflix – relationships

100 Humans – Netflix – research methods

Derren Brown social experiments – any of these on you tube are all fab.

Good luck and see you in September.